

40th
annual

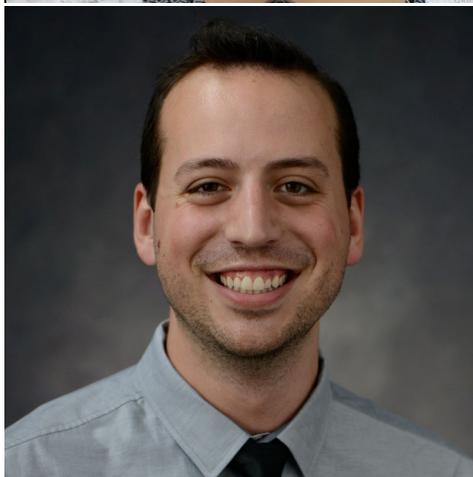
Guelph Sexuality Conference

June 13-15, 2018 | University of Guelph



**Innovations in Sexual Health
and Wellbeing**

Welcome



Welcome to the 40th Annual Guelph Sexuality Conference! Whether this is your first time attending the conference or your fortieth time, we are pleased to have you with us this year and part of our Guelph Sexuality Conference community.

Can you imagine 40 years of sexuality, relationships, sexual health, and sex? During this time, we have had thousands of practitioners, educators, researchers, students, and community members join in this space to share their knowledge and experiences with each other. We have built a community connected by shared interests and passions for improving lives and relationships.

Over the last 40 years, we have witnessed pioneers and leaders in our field move us forward and advance our standing, our significance, and our values. In this time there have been struggles and challenges that our community has had to face, and we continued to grow through these challenges to become a stronger and more active voice. We are humbled to think about all of the incredible work that has been done by members of the Guelph Sexuality Conference community. We extend our gratitude to those who have brought us here. We exist in large part from the tireless efforts of many and we wish to acknowledge each of you for what you have done to foster this space.

As we mark this anniversary of the Guelph Sexuality Conference, we reflect on our theme: **Innovations in Sexual Health and Wellbeing**. Why have we focused in on this topic? The last 40 years have demonstrated that our understanding and experience of sexuality is constantly evolving. We are witnessing and requiring new innovations to address this evolution. We see broad advancements and changes in technology, public health, medicine, activism, art, theory, and research as these relate to sexuality, relationships, and sex.

This year we have an incredible program for you:

- Our plenary speakers, Markie Twist and Truth Is..., will look at our present and see the future through an exploration of sexuality with technology, and the power of art in engaging, representing, and understanding sexuality.
- Our STI Clinical Update brings Vanessa Allen, Michael Whelan, Jennifer Pritchard, Dana Quinn, Darrell Tan and Jackie Gerlach together as a full day feature to educate and inform on the complexities facing practitioners of care relating to STIs.
- We have several sessions on the decolonization of sex and gender as part of a larger practice of building greater capacity for practitioners and researchers to learn about Indigenous ways of knowing and experiences related to sexuality.
- Our session briefs and research bursts are returning, with a large selection of presenters eager to highlight innovative research that is meaningful for practitioners and researchers alike.

Thank you for your continued support of the Guelph Sexuality Conference. We encourage you to find us during the conference and speak with us about your experience and how we can continue to grow the conference into the next 40 years with your involvement.

Sincerely, Ruthie and Thomas
Co-Chairs, 40th Annual Guelph Sexuality Conference



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Our Values

The Guelph Sexuality Conference provides opportunities to share information, research, skills, experiences, programming and strategies that include an anti-oppression framework that fosters health and wellness and resists shame. The conference, at its core, sprung from the need to support self-determination and liberation in the face of the use of sexuality to control others and the resulting detriments to health and wellbeing.

The planning committee of the Guelph Sexuality Conference has adopted the following values in an ongoing effort to address oppression complexities in the context of sexuality. We recognize that these values are aspirational; they challenge us to continually strive for greater awareness of power, privilege and exclusion, and to take accountable action accordingly.

To achieve these ends, the conference planning committee is committed to continuous learning and to putting knowledge and understanding into practice. We are committed to examining and improving upon all conference practices, policies and protocols on an ongoing basis with these values as our guide.

Respect

We respect the diversity of sexualities, genders, experiences and relationships. We believe in self-determination and support individual choice within all realms of sexuality. Similarly, we strive to recognize our complex responsibilities regarding concepts such as consent, systemic awareness and nonviolence.

Rigor

We strive to be a forum for the exchange of information, research and skills, which are insightful, relevant, and evidence-based. We recognize various forms of knowledge including our own experiences.

Whole Selfhood

We recognize that histories, communities, values, and lived experiences impact the way we think, feel, contribute to, and experience the conference. We support everyone in engaging their whole selves while respecting that this may not always be possible.

Empowerment

We aim to foster and develop strategies to overcome these barriers. We strive to recognize that people are vulnerable when they lack information, lack power, are dependent on those who have power over them, or are socially isolated. We seek to co-create and support opportunities to address these vulnerabilities.

Courage and Innovation

We aim to ask challenging questions from multiple social and cultural perspectives with the goal of creating positive social change. We challenge ourselves to give voice to issues that are censored, hidden, painful and taboo.

Sex-Positivity

We strive to celebrate the potential of sexuality to foster health and wellness through a sex-positive approach, and to address sexuality from holistic and strengths-based perspectives that resist and redress shame. We simultaneously acknowledge that not all experiences of sexuality are positive.

Intersectionality and Diversity

We recognize that individuals are complex and acknowledge the importance of intersectionality of experience. We aim to redress inequities related to sexualities and bodies, which are privileged and visible by giving voice to those who are underprivileged and invisible. We strive to address structural barriers to self-determination and accessing knowledge related to sexuality. We strive to create a conference culture of opportunity and belonging.



Community Events

Pleasure is For Every Body

An Exploration of Sex and Disability

For many of us, accessing sexual pleasure can be complicated. Figuring out what we like and how we like it takes time and practice. These sometimes-confounding learning experiences are especially pronounced for those of us who have disabilities. People with disabilities have to navigate external pressures (ableist ideas about our bodies and sexuality) as well as internal differences (such as limited mobility and chronic pain) that can sometimes make accessing our sexuality feel nearly impossible.

Kaleigh Trace

Kaleigh Trace works with words and dildos. With words, Kaleigh writes about shameless sex of all kinds, for all kinds. Her first book, *Hot, Wet & Shaking* came out in 2014 and won the Evelyn Richardson Award. With dildos, Kaleigh has been teaching sex education workshops for the last 9 years. Her focus of interest is on the intersection of pleasure, disability and vulnerability.



Thyra Calvert

Thyra Calvert (she/they) is a relational therapist, Certified Canadian Counsellor, educator, facilitator, and disability activist. In her private practice, Thyra works from feminist, anti-oppressive, and trauma-informed frameworks to support clients and to advocate alongside individuals who are systemically oppressed. In her education work, Thyra develops sexuality workshops both for folks with disabilities, and for mental health professionals who are looking to build their competency around supporting disabled people in exploring sexuality.

1–4:30 PM, Wednesday, June 13, 2018
RM 105, Rozanski Hall

5 GUYS CHILLIN'

A Theatre Presentation and TalkBack



Both events sponsored by

**COLLEGE of SOCIAL AND
APPLIED HUMAN SCIENCES**

5 Guys Chillin' makes its debut in Guelph as part of the 40th Annual Guelph Sexuality Conference Celebration.

Performed by Theatre Topikos and directed by Nick May, 5 Guys Chillin' using real words found on Grindr, this play by Peter Darney looks at the dark and often dangerous subculture of gay men who engage in risky sexual behavior while under the influence of recreational drugs.

The play will be followed by a TalkBack facilitated by Guelph Sexuality Conference committee member Rahim Thawer and community experts to educate the audience on pressing issues, including the opioid crisis, policing of sexuality, and the interface of technology within relationships.

7 PM, Wednesday, June 13, 2018 | Silence Sounds, 46 Essex St. Downtown Guelph

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STI Clinical Update & more!

Thursday, June 14, 2018 | Rozanski Hall, University of Guelph

7:45 AM

Registration, Networking & Hospitality

8:45 AM

Conference Welcome

9:00 AM

Innovations in Sexuality Research & Practice: Reflections of the Now and Creations of the Future

Markie Twist

Dr. Markie Twist will present on what it means to be innovative as both a researcher and a practitioner in the fields of sexual and mental health. Attendees will learn and be inspired by examples of Dr. Twist's innovations in the context of sexuality research, and how they and their fellow clinicians have applied this new knowledge with clients. This plenary will explore cutting edge sexual practices and clinical considerations, including digisexuality, intense sensation play and non-suicidal self-injurious behaviors, among others. Dr. Twist will also share ideas from their experiences on how to lead and engage others in innovative research and research-informed practice.

10:45 AM

Gonorrhea and Syphilis in Ontario an Update in Three Parts

Vanessa Allen, Michael Whelan, Jennifer Pritchard

1. Gonorrhea testing and treatment
2. Gonorrhea epidemiology in Ontario
3. Syphilis epidemiology in Ontario

12:30 PM

Genital Herpes: Clinical Management and Patient Education

Dana Quinn (Presentation in Peter Clark Hall)

A diagnosis of genital herpes often carries with it both physical pain and social stigma. Providing a timely diagnosis, early treatment and accurate counselling can improve the clinical course of this sexually transmitted infection and reduce the associated emotional distress and anxiety that many patients experience. This talk will review the pathogenesis and clinical manifestations of genital herpes, available diagnostic tests and clinical management. We will discuss how to provide supportive and accurate counselling.

2:00 PM

At Last - Canadian Guidelines on PrEP and nPEP - Now What?

Darrell Tan

Canadian guidelines on HIV pre- and non-occupational post-exposure prophylaxis (PrEP and nPEP) were published in the Canadian Medical Association Journal in time for World AIDS Day 2017. These biomedical prevention technologies have tremendous potential to decrease the incidence of HIV in Canada, but numerous challenges remain to their broader uptake.

3:30 PM

Mycoplasma Genitalium: A Minuscule, Mobile Menace

Jackie Gerlach

Mycoplasma genitalium is a tiny parasitic bacterium that lacks a cell wall. It is hard to detect, with limited treatment options. M. genitalium is responsible for a significant number of non-gonococcal urethritis cases in men. It is associated with urethritis and cervicitis in women and has been associated with PID and tubal factor infertility. Learn when to suspect it, how to find it, and how to treat it.

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Innovations in Sexuality Research & Practice: Reflections of the Now and Creations of the Future

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Markie Louise Christianson (L. C.) Twist, PhD, is a licensed marriage and family therapist and mental health counselor, as well as a clinical fellow and approved supervisor of the American Association for Marriage and Family Therapy, and certified sexuality educator through the American Association for Sexuality Educators, Counselors, and Therapists. Dr. Twist is co-author of the book, *The Couple and Family Technology Framework: Intimate Relationships in a Digital Age*. Dr. Twist will serve as the incoming editor-in-chief of the journal *Sexual and Relationship Therapy: International Perspectives on Theory, Research and Practice*. In addition, Dr. Twist serves as a visiting professor in the Department of Psychiatry and Behavioral Health in the Couple and Family Therapy Program at the University of Nevada, Las Vegas School of Medicine. Dr. Twist is also a full professor in the Department of Human Development and Family Studies, and Marriage and Family Therapy Program, as well as the program coordinator of the Graduate Certificate in Sex Therapy Program at the University of Wisconsin-Stout.

For more on Dr. Twist: <https://drmarkie.com/>

Opening
Plenary
Thursday,
June 14, 2018

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Creative Tongue

Truth is...

As a Queer, POC spoken word poet and speaker Truth Is ... takes a unique approach to talking about the intricacies of gender, sexuality, ethnicity, ableism and related traumas in a global and personal context. Taking an intersectional approach to these issues allows for the audience to explore experiences, or lack thereof, through an empathetic and compassionate lens. This session will include ad hoc discussions of each poem performed, their meanings, and how they relate to an innovative approach to fostering wellness, community and resisting shame. It will conclude with a general Q&A. Truth Is ... A poet, a writer, a motivational speaker and an arts educator.

Truth Is...

Over the years, through poetry and effective communication, Truth Is ... has dedicated much of their time and all of themselves to the betterment of community. Previously opening for legendary activist Angela Davis, they have also headlined in several conferences focused on social equity, gender equality, labour safety and youth motivation. They are current co-artistic director of not-for-profit arts organization Guelph Spoken Word and has also been the recipient of the Min Sook Lee Labour Arts Awards and Guelph's Top 40 under 40.

Truth is... identifies as She, uses all pronouns.



**Closing
Plenary**
Friday,
June 15, 2018

Complete your evaluations online

We are excited to have you on this journey with us and want to know about your experience with our 40th conference. Once again, we'll be completing the evaluations online (thanks for the great response rate last year!)

GuelphEval.ca



Day 1 Schedule

7:45 AM Registration, Networking & Hospitality

8:45 AM Opening Remarks in Room 103

9:00 AM Opening Plenary
Innovations in Sexuality Research & Practice: Reflections of the Now and Creations of the Future
Markie L. C. Twist

10:45 AM Concurrent Session Block A

A1: Gonorrhea and Syphilis in Ontario, an Update in Three Parts

RM 103 Vanessa Allen, Michael Whelan, Jennifer Pritchard

1. Gonorrhea testing and treatment
2. Gonorrhea epidemiology in Ontario
3. Syphilis epidemiology in Ontario

A2: A Journey in Rainbow Moccasins

RM 106 Teddy Syrette

This workshop will create capacity in understanding the complexities of 2-Spirit and Queer-Trans Indigenous People and the modern colonialism they face. Participants will use storytelling and group activities to increase their knowledge about intersectional oppression, with a focus on LGBTQ and 2-Spirit topics.

A3: gbMSM Health: Social, Cultural, and Political Contexts

RM 107 Michael Kwag

This presentation will provide a comprehensive overview of gbMSM health topics such as barriers to care and HIV prevention. Through the sharing of research and real-life stories, participants will have an up-to-date understanding of the drivers and determinants of gbMSM health as well as some tools to utilize when serving this population.

A4: Reproductive Coercion: The Intersection of Gender-Based Violence & Sexual Health

RM 105 Sayma Lugoma

The #MeToo movement is demanding that the world recognize the prevalence, impact, and spectrum of gender-based violence. One intersection that is often under-reported and silenced is reproductive coercion, which is, at its core, where intimate partner violence and reproductive health intersect. Reproductive coercion is about power, and this session is designed to break the silence on this issue and provide a dynamic space to increase knowledge and trauma-informed support skills.

A5: Back Talk: Voices Against Violence

RM 108 Ayla Lefkowitz, Cassandra Myers

An interactive writing workshop, performance, and review of the Back Talk Program; a ten week workshop series challenging sexual violence and rape culture through poetry and spoken word. Participants will leave with information on intersectional and reclamatory writing, tools to begin their own writing workshops, and their own spoken word poems, with the opportunity to share at our in-session open mic.

A6: Research Bursts RM 109

12:30 PM Lunch Presentation - Ticketed Event in Peter Clark Hall

Genital Herpes: Clinical Management and Patient Education Dana Quinn

2:00 PM Concurrent Session Block B

B1: STI Stream: At last - Canadian Guidelines on PrEP and nPEP - Now What?

RM 103 Darrell Tan

Canadian guidelines on HIV pre- and non-occupational post-exposure prophylaxis (PrEP and nPEP) were published in the Canadian Medical Association Journal in time for World AIDS Day 2017. These biomedical prevention technologies have tremendous potential to decrease the incidence of HIV in Canada, but numerous challenges remain to their broader uptake.

B2: Gender Affirming Surgeries and Sexuality

RM 105 Deanna Clatworthy

This talk will focus on updates on gender affirming surgeries, the recovery and possible complications, and how surgeries may

affect sexuality. Ongoing care for the neophallus and neovagina and medical photographs will be included in the presentation. The newest information on and paperwork required for accessing GAS for Ontarians along with accessing care, STI testing, and post-surgical care will be a part of this presentation.

B3: It's NOT about Sex: Applying a Trauma-Informed Lens to Support Survivors of Sexual Assault

RM 106 Niki Davis-Fainbloom, Jasleena Sahni

This training will utilize a trauma informed lens to provide attendees with the skills to support survivors of sexual violence from diverse backgrounds and experiences. Attendees will come away with specific skills to support survivors of sexual assault in a society that enforces an atmosphere of stigma, shame and guilt.

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Thursday, June 14

B4: Loving Large: Developing a Size-Inclusive Practice RM 109 Sookie Bardwell, Jennifer Depoe

This hands-on workshop provides an opportunity for clinicians and support professionals to learn about fatphobia/sizeism, and to critically consider weight-based discrimination in relation to their own practice. Together, we'll unpack the idea that if you fix the fat, you fix the problem. We will explore practical strategies for creating a size-inclusive practice, and develop a trauma-informed approach to supporting clients/patients in addressing internalized and interpersonal fatphobia/sizeism.

B5: Knowledge Mobilization in a Social Media World RM 107 Eva from "What's My Body Doing"

How do we get sexuality expertise from academic papers into people's bedrooms? This workshop offers practical steps for engaging in online knowledge mobilization through a combination of lecture and group discussion. Participants

will then apply this knowledge to film a small clip sharing their knowledge for the "What's My Body Doing" YouTube channel. These clips will be synthesized into dynamic summaries to reflect this year's Guelph Sexuality Conference.

B6: Session Briefs: Scripts, Arousal, and Stigma RM 108

Lost in the Heat of the Moment? How Sexual Arousal Impacts Decision Making.
Shayna Skakoon-Sparling

Understanding Stigma, Commitment and Sex in Polyamorous Relationships: Findings from Three Journal Articles
Rhonda N Balzarini

Silence is sexy: Sexual Scripts and their Influence on During-sex Sexual Communication
Léa Séguin

3:30 PM Concurrent Session Block C

C1: STI Stream: Mycoplasma Genitalium: A Minuscule, Mobile Menace

RM 103 Jackie Gerlach

Mycoplasma genitalium is a tiny parasitic bacterium that lacks a cell wall. It is hard to detect, with limited treatment options and is responsible for a significant number of non-gonococcal urethritis cases in men.

C2: Decolonial Approaches to Trauma

RM 106 Shadeen Francis, Zelaika Hepworth Clarke

This presentation will discuss opportunities for helping professionals to de-center eurocentric models of wellness and begin to develop innovative tools for healing trauma. Participants will learn tools to liberate, strengthen, and empower communities of trauma through case study examples and an interactive demonstration of decolonial techniques.

C3: The Quick and Dirty: Mindfulness for the Men who have Sex with Men Community

RM 108 Joshua Peters, Rylie Moore

Exploring the positive and negative effects of Mindfulness when used with the Men who have Sex with Men community. Through live demonstrations and discussions (Sensual Eating, Focusing) we will present how mindfulness can: reduce shame; reduce pain during penetration; reduce distress of top/bottom dynamic (if present); reduce other areas of sexual distress; and increase partner intimacy/pleasure.

C4: Trauma Recovery, Education and Empowerment (T.R.E.E): How Sex and Gender Connect to Trauma Recovery & Skills

RM 107 Daniel Pugh

This workshop will share insights and experiences about a unique (psychoeducational) trauma recovery skills group

for male/two-spirit/non-binary people, as well, develop a "community of practice" that attends to trauma while recognizing the distinct and unique relationship sex and gender play in our trauma processes and responses.

C5: Teaching Healthy Relationships from a Human Rights Perspective

RM 105 Makeda Zook, Brittany Neron

This workshop offers practical tools to teach healthy relationships from a human rights perspective. Using participatory learning, you will develop a critical awareness of your own values and assumptions in relation to what a healthy relationship looks like. You will come away with skills to teach the different elements of healthy relationships with young people from a human rights lens.

C6: Session Briefs: Disability

RM 109

Disability Intersections of Access: HIV/AIDS Service Organizations & Disability Service Organizations
Kate Welsh, Wendy Porch

A Critical Ethnography of Disability in Committed Relationships
Natalie Rose

Dating While Hearing Voices: Developing a mental health counselling framework to support people living with schizophrenia around sex, dating and relationships.
Andrea W. Westbrook

Social Events Begin at 6 PM

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Common Counselling Barriers and Pitfalls to HPV Vaccination

Dr. Nancy Durand



This session will explore the common barriers encountered by providers when counselling about HPV and HPV vaccination. Participants will learn how to answer common questions posed by patients, using an evidence-based approach to allow the patient to make an informed decision.

Dr. Durand is an assistant professor in the Department of Obstetrics and Gynaecology at the University of Toronto. She received her medical degree from McGill University, Montreal and completed her residency in obstetrics and gynaecology at McGill University. She is on staff at Sunnybrook Health Sciences Centre in Toronto in the Department of Obstetrics and Gynecology. Her clinical and research interests include HPV, colposcopy and hysteroscopy. She continues to teach at the undergraduate and post-graduate level and speaks frequently about Human Papilloma Virus (HPV) and vaccination.

Friday,
June 15, 2018



Thank you for Celebrating 40 Years with us.! Now save the date for 2019!

Join us for the 41st Annual Guelph Sexuality Conference from June 19th–21st, 2019 where we will be exploring the theme: Redefining Relationships and Sexual Health.

Look for the Call for Proposals in November, and join our email list at our website GuelphSexualityConference.ca for news and updates about next years conference.

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Social Events

NV Lounge
16 Wyndham St. N.
Downtown Guelph

nvkitchenerbar.ca

BIPOC Mixer and Networking Event 6 PM

Calling all BIPOC students, emerging professionals, and established BIPOC and Allied professionals. Join us this year for our second BIPOC Mixer and Networking Dinner at the NV Lounge. Attendees will include conference plenary speakers, presenters, board members and others that are eager to network and build community.

Student Networking Event 6 PM

Hosted by Angela Underhill, Guelph Sexuality Conference Planning Committee Student Representative

An opportunity for students to network and learn more about the field of sexuality and sexual health. If you have registered as a student delegate, we'll provide you with a free ticket to the student networking event and you can stay for the social too!

The \$10 Social 7 PM

Join us for our evening social at the NV Lounge in downtown Guelph. We've rented the entire lounge for our event, and if you attended the event last year, you'll already know the appetizers are amazing—enough for a meal! We'll have door prizes from our sponsors and exhibitors, and lots of great discussions.

Purchase your ticket at the registration desk.



Thursday,
June 14, 2018

Ride the shuttle to the NV Lounge

There will be free transportation provided to the NV Lounge so you can enjoy the evening without worrying about having a ride. Check in with the registration desk for pick-up and drop off times.



Day 2 Schedule

8:00 AM Registration, Networking & Hospitality

8:45 AM Opening Remarks in the Concourse

9:00 AM Concurrent Session Block D

D1: Common Counselling Barriers and Pitfalls to HPV Vaccination

RM 103 Nancy Durand

See page 10 for description

D2: Talking About It: Porn Literacy as Media Literacy

RM 105 Kate Sinclair

This presentation is meant to outline the social forces that keep us from being able to talk about sex in media, and the effects that can have on young people consuming pornography with little to no interpersonal experience with it. After sharing research, we will have a discussion that will set attendees up with the skills to develop truly sex positive education and media literacy programs.

D3: Consensual Non-Monogamy Panel

RM 106

Understanding and Assessing Non-Monogamous Clients: Useful Info for Physical & Mental Health Providers
Ruth Neustifter and Heather Elizabeth

Improving Our Work with Polyamorous Consensually Non-monogamous Clients: Toward Promising Practices in Mental Health Care
Jenna Rose and Amy Soberano

Stigmas of Non-Monogamy: Labeling the Libidinous Black Woman
Letricia Whitfield

D4: Sexuality and Technology: Balancing Fear with Fun in Youth Education and Outreach

RM 107 Erin McLaren, Carolyn Keays

This workshop offers a balanced perspective on the risks and rewards of technology as it relates to sexuality. We aim to

build capacity for service providers to support youth in making informed decisions for their bodies and relationships when sexting and dating online. We discuss risk reduction tips and tools, and offer strategies for engaging youth in conversation around safer sex and tech practices.

D5: Enhancing Natural Supports: Deprofessionalization and Decolonization of Sexual Health Education and Care

RM 108 Kelsey Ross

In this workshop, attendees will reflect, discuss, and discover tools to integrate the Natural Supports Framework into their work. This innovative framework works to center the relationships in our clients' daily life as integral to their health. As professionals, this means breaking down the idea that professional support is always best, and working with our clients to build socioemotional skills that last well after our relationships with our clients end.

D6: Research Briefs

RM 109

Choice at Your Fingertips
Lyndsey Butcher

Midwifery & Abortion: A Historical Relationship with Application in Contemporary Canada
Jessica Tarka

Millennial's Perceptions on the Practice of Women who take their Husband's Surname
Taylor Leitch

10:30 AM Concurrent Sessions Block E

E1: Increasing Primary Care Capacity for Transition-Related Surgery Referrals In Ontario: Experiences of an LGBTQ Family Health Team

RM 103 Jeff Reinhart, Laura Sparrow, Rahim Thawer

Ontario regulations for OHIP-funded transition-related surgery (TRS) referrals have been extended to primary care MDs, NPs, RNs and MSWs since March 2016. This presentation will integrate the WPATH standards of care and Sherbourne Health Centre's structure of surgery planning visits, including resources developed by our providers to increase healthcare provider confidence with TRS, particularly for nurses and social workers new to the practice of referring.

E2: Discussing Digisexuality

RM 105 Neil McArthur, Markie Twist

This presentation will engage the audience in a discussion about technology use in relationships. Attendees will discuss how they

have used existing technologies, and will learn about emerging technologies and how these might impact relationships. They will come away with a better understanding of how technology can impact relationships both positively and negatively, and how the technological landscape is changing in ways that may influence their relationships and their sexual identity.

E3: Utilizing a Queer and Harm Reduction Framework for Positive Sexual Education of LGBTQ+ Youth Aged 12 to 25

RM 106 Mylene St.Pierre, Charlie Morin

This presentation will offer attendees a glimpse into the harm reduction, queer positive approach utilized with Head & Hands clients regarding sexual health, either within the Sense project, or the health clinic. Attendees will learn (or revisit) the tenants of the Queer centric approach to sex-ed, how it's applied on a larger scope with non-queer youth, and its positive impact on marginalized youth.

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Friday, June 15

E4: Galaxies of Pleasure, Galaxies of Healing: Conversing with the Traumatized Body

RM 107 Carmella Farahbakhsh

We carry our ancestors and homelands in our bodies; we hold powerful traditions in the ways we move; intergenerational memories and traumas exist inside our skin. We are body magic. We will be discussing non-linear ways of healing through memory work/reflection/time travel and working to decolonize our understandings of desire through emotional legacy mapping and tangible skill building around self-regulation and living in the body.

E5: You Can't Just Flip a Switch: Tracking the Journey to Meaningful Inclusion at a Feminist Rape Crisis Centre

RM 108 Dalya Israel, Felix Gilliland

To share and learn together about how to meaningfully engage in a process to inclusion of all Trans, Gender Diverse, and Two-Spirit folks in a previously Cis/Trans women only

space. Participants will learn through storytelling, media and process sharing about WAVAW's journey. They will leave with information and a framework for meaningful inclusion based on our process and what Trans, Gender Diverse, and Two-Spirit community in Vancouver shared with us.

E6: Session Briefs: Health Services

RM 109

Cultural Humility and Transgender Clients: A Study Examining the Relationship Between Critical Reflection and Attitudes of Nurse Practitioners Jennifer Carroll

Identity, Wellbeing and Sexual Health: A Social Psychological Model for Enhancing Sexual Healthcare for Men Who Have Sex With Men Rusi Jaspal

Barriers to Care and Strategies for Improving Health Services for Polyamorous Individuals and Families During Pregnancy, Childbirth and Beyond Samantha Landry

12:30 PM Out Loud Choir

The Out Loud Choir will join us during the lunch to sing and encourage us to have fun. Purchase a box lunch, or bring your own and join us in the Rozanski Concourse.

1:00 PM Concurrent Sessions Block F

F1: It's Snagging Season: Engaging and Culturally Appropriate Sexual Health Promotion Interventions with Indigenous Communities

RM 103 Jason Mecredi, Natalya Mason

The purpose of this presentation is to demonstrate the preexisting and newly developed relationships in communities throughout central and northern Saskatchewan Indigenous communities in the development of the #wrapitupsk North! condoms campaign for northern Saskatchewan. We will explore the history of colonization in Saskatchewan and how that intersects in the development of safer sex supplies for Indigenous people.

F2: PrEParing for P.L.E.A.S.U.R.E.: Innovations and Invitations for Ending the HIV Epidemic

RM 105 Damon Jacobs

What if there was a way to end HIV and no one knew? That was the dilemma Damon Jacobs faced in 2011 when PrEP was scientifically proven to reduce HIV transmissions by more than 99%, yet remained ignored by media and medical institutions. This workshop will discuss the history of PrEP as a tool for ending the HIV epidemic, as well as how PrEP is being used to improve community health, promote personal agency, expand political empowerment, and enhance sexual pleasure.

F3: The Magic of Mindful Masturbation

RM 106 Caitlin K. Roberts

In this presentation, we will talk about creating a Mindful Masturbation practice as a tool for sexual wellbeing and healing. We will discuss masturbation patterns (such as dependencies on porn, fantasies, toys, positions, specific strokes) and give

usable practices on how to effectively move beyond them. Using different facets of our somatic responses (sound, movement, breath, interoceptive awareness, touch, smell), we will develop personal pleasure practices for ourselves and our clients.

F5 Ally is a Verb!: Learn to Ally for Trans People

RM 108 Vincent Bolt

This workshop will teach participants how to become allies and will include an empathy building activity that demonstrates many of the losses that trans people experience when they come out and begin their transition. The session will include videos and discussion on challenging cis privilege and the ways this impacts trans people. Participants will learn how to make the changes in their workplaces or schools to eliminate barriers that trans people experience in those spaces.

F6: Thee Sexual Problems Self-Assessment Questionnaire (SPSAQ): A Free Online Tool for Clinical Practice in Couples Sex Therapy

RM 109 Faith, Tim McConnell, Christopher Culp, Elizabeth Rae Larson

Recent consensus in clinical sexology sees sexuality as a biopsychosocial phenomenon. Clinicians working with couples must consider cultural values, socioeconomic factors, health, psychological functioning and relationship dynamics. Seattle Institute for Sex Therapy, Education & Research designed a 75-item online questionnaire to guide individual clinical interviews to assess areas of most importance.

2:30 PM Closing Plenary
RM 103 Creative Tongue Truth Is...

4:15 PM Take Away Treat



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Pharmacy Practice + Business and Profession Santé 2018 Survey on OTC Counselling and Recommendations (re: pharmacists);. Pregnancy Test Kits.

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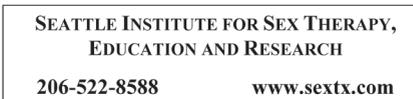
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